



Digital  
activity map

Legend

- |  |                              |  |                          |
|--|------------------------------|--|--------------------------|
|  | Cable Car / Funicular        |  | Paragliding launch point |
|  | Chairlifts                   |  | Tennis                   |
|  | Bus stop                     |  | Swimming pool / Spa      |
|  | Train station                |  | Viewpoint                |
|  | Boat landing stag            |  | Church                   |
|  | Parking lot / Parking garage |  | Cinema / Theater         |
|  | Information                  |  | ATM                      |
|  | Restaurant                   |  | Restrooms                |
|  | Alpine hut refreshments      |  | Camping                  |
|  | Alpine hut                   |  | Woodland fitness trail   |
|  | Café                         |  | Soccer ground            |
|  | Accommodation                |  | Multi-use hall           |
|  | Rental & service             |  | Kayaking                 |
|  | Shopping                     |  | Husky Lodge              |
|  | Playground                   |  | Active Arena             |
|  | Caves                        |  | Route start point        |
|  | Climbing walls               |  | No vehicles              |

**Ski safari Illgau**  
A three-hour ski tour from Illgau across the Handgrubli to Hoch-Ybrig



WINTER ACTIVITIES

SNOW SHOE TRAILS

STOOS

- ❶ **Rieter** 2.2 km, START POINT: MOUNTAIN STATION, FUNICULAR
- ❷ **Brunnerboden** 4.5 km, EXTENSION: TO STOOSHORN TRAIL
- ❸ **Waldhüttli** SCHWYZ MOBIL NO. 820 | 8.6 km, EXTENSION TO BRUNNERBODEN TRAIL
- ❹ **Fronalpstock** 3.2 km, START POINT: 200 M ABOVE RESTAURANT ALPSTUBLI

MUOTATAL

- ❶ **Guggeli circuit** SCHWYZ MOBIL NO. 821 | 2.95 km, START POINT: WIL CHURCH
- ❷ **Bürgeli circuit** SZ 042 | 3 km | ENHANCED: BUS STOP MUOTATHAL POST OFFICE
- ❸ **Fugglen circuit** SZ 041 A/B | 2 km, START POINT: HUSKY LODGE OR BUS STOP "HINTERE BRÜCKE"

ILLGAU

- ❶ **Circuit St. Karl – Oberberg – St. Karl** 2.6 km, START POINT: MOUNTAIN STATION, CABLE CAR ILLGAU – ST. KARL
- ❷ **Circuit St. Karl – Sternenegg – St. Karl** SCHWYZ MOBIL NO. 819 | 2.2 km, START POINT: MOUNTAIN STATION, CABLE CAR ILLGAU – ST. KARL

WINTER WALKING TRAILS

STOOS

- ❶ **Nühussweidli** SCHWYZ MOBIL NO. 580 | 4.2 km, START POINT: MOUNTAIN STATION, FUNICULAR
- ❷ **Stooshorn Trail** 2.9 km, START POINT: MOUNTAIN STATION, FUNICULAR
- ❸ **Frontal** 1.4 km, START POINT: STOOS-SEELI
- ❹ **Chruteren – Bawangli – Sellstock** 8 km, START POINT: MOUNTAIN STATION, MAGGIOWID SKI LIFT
- ❺ **Panoramic route Fronalpstock** 1.2 km, START POINT: MOUNTAIN STATION, FRONALPSTOCK CHAIR LIFT

MUOTATAL

- ❶ **Wii village** 1.3 km, START POINT: WIL CHURCH
- ❷ **Along the Muota** 2.8 km, NÜSCHAU – TISCHALUN – NÜSCHAU
- ❸ **To the Huskies** 1.8 km, BUS STOP "HINTERE BRÜCKE" – HUSKY LODGE – BUS STOP "HINTERE BRÜCKE"
- ❹ **Guggelipass circuit** 5.5 km, START POINT: WIL CHURCH

ILLGAU

- ❶ **Oberberg circuit** 2.5 km | ST. KARL – OBERBERG – OBERE ZIMMERSTADLEN – ST. KARL
- ❷ **St. Karl – lbergeregg circuit** SCHWYZ MOBIL NO. 561 | 7 km | ST. KARL – OBERBERG – UNTEREN CHALTENBRUNNEN – UNTER ALTBERG – BERGEREGG – GROSSENODEN – PARKING LOT – ST. KARL

MORSCHACH

- ❶ **Activity walks and trails in Morschach** MYSTERY, DETECTIVE, OR RECALING TRAIL

CROSS-COUNTRY SKIING

STOOS

- ❶ **Frontal ski trail** 2.8 km, START POINT: STOOS-SEELI
- ❷ **Chruteren – Bawangli – Sellstock ski trail** 7 km, START POINT: MOUNTAIN STATION, MAGGIOWID
- ❸ **Village ski trail** 0.4 km, START POINT: STOOS BERGSCHULE

MUOTATAL

- ❶ **Schächen ski trail** 0.4 km, START POINT: SCHÄCHEN PARKING LOT (100 M BEYOND RESTAURANT ALPENRÖSLI)
- ❷ **Schächen night ski trail** 1.7 km | 1 km TO BUS STOP LUZERN SWITCH AT COORDINATES 700.820 | 230.090
- ❸ **Widmen- und Wichelschläufe ski trail** OPERATED IN PARTNERSHIP WITH THE HUSKY SLED ACTIVITIES OFFERED BY ERLEBNISWELT MUOTATHAL GMBH AND ALSO USED AS A WINTER WALKING TRAIL. See TRAIL STATUS: +41 (0)41 831 81 50

MORSCHACH

- ❶ **Panoramic ski trail** 1 km, START POINT: FYRABERGZU NÄGELSGÄRTLI
- ❷ **Night ski trail** 1.6 km, START POINT: FYRABERGZU NÄGELSGÄRTLI | LIT MON-FRI, 6PM-9PM

ILLGAU

- ❶ **Oberberg** 8 km CLASSICAL AND SKATING | NIGHT SKI TRAIL 2.5 km LIT (LIGHT USER-OPERATED)

SKI TOURS

Routes are not prepared and marked. Use at your own risk.

MUOTATAL

- ❶ **Blüenberg** 2495 A.S.L.
- ❷ **Silberern** 2314 A.S.L.
- ❸ **Glatten** 2504 A.S.L.
- ❹ **Seestock** 2429 A.S.L.
- ❺ **Pfannenstock** 2571 A.S.L.

ILLGAU

- ❶ **Laucherentöckli ski tour area** 1756 A.S.L.

SLEDDING & AIRBOARDING

STOOS

- ❶ **Airboard track Fronalpstock – Mettlen** 2 km | SWITZERLAND'S FIRST AIRBOARD SLOPE | AIRBOARD HIRE: MID-STATION, METTLEN (ONLY WINTERTIME AVAILABLE, CHF 18 PER PERSON PER DAY (+ CHF 20 DEPOSIT))
- ❷ **Sled track Fronalpstock – Mettlen** 2 km | HIGH SPEED & GREAT FUN | SLED AND MINI-BOB RENTAL: MID-STATION, METTLEN, CHF 8 PER PERSON PER DAY (+ CHF 20 DEPOSIT)
- ❸ **Toddler sledding** FRÖNELI'S WINTERLAND 4 NEXT TO STERNEGG SKI LIFT

MORSCHACH

- ❶ **Sledding for kids and toddlers** SLED SLOPE NEAR FYRABERGZU NÄGELSGÄRTLI

ILLGAU

- ❶ **Sledding near the Illgau – St. Karl cable car** 2.3 km | LAMER-FRIENDLY SLED TRACK | SLED AND SKI BOCK RENTAL FROM THE VALLEY STATION, CHF 8 PER SLED OR SKI BOCK (+ CHF 20 DEPOSIT)
- ❷ **Night sledding near the Illgau – St. Karl cable car (Saturdays)** UNTIL MID-FEB SUBJECT TO GOOD SNOW CONDITIONS, SATURDAYS 6.30PM-9PM (LIMIT)

SKIING

STOOS

- ❶ **Stoos ski region** SOMETHING FOR EVERYONE WITH 35 km OF VARIED SLOPES AND EIGHT SKI CENTERS, BROAD ATTRACTIVE SLOPES OF ALL DIFFICULTIES (BLUE, RED AND BLACK RUNS) WILL WIN THE HEART OF ANY WINTER SPORTS LOVER. THE STOOS SKI REGION IS EARLY-RENDENT AND POSITIONED ON A HIGH, SUNNY PLATEAU.

MORSCHACH

- ❶ **Telli kids' slope**
- ❷ **Telli ski slope**

ILLGAU

- ❶ **Ski safari circuit Illgau – Mythenregion – Hoch-Ybrig – Illgau** 1.4 km | DOWNHILL SLOPES & RESTAURANTS. TICKETS AVAILABLE FROM ILLGAU, WANDERBÜHL, HOCH-YBRIG (ADULTS CHF 35 / KIDS CHF 27). IF THERE IS INSUFFICIENT SNOW TO PREPARE THE SLOPES INTO ILLGAU VILLAGE, THE SKI SAFARI CIRCUIT IS NOT USABLE.

MUOTATAL ACTIVITIES



ACTIVE

Unforgettable moments and exhilarating adventures in the midst of pure nature in the Muotatal. Treat yourself to a break from daily routine and enjoy snowshoe hikes, ice climbing, or cross-country skiing.

DISCOVER

Through fall and winter, the local theater association will entertain you with traditionally themed plays in the Muotathal theater. Muotathal also boasts a cinema association and movies are shown in the St. Josefhalle every weekend (except during fall).

BODY & SOUL

After a day in the glorious winter wonderland, relax in the chalet-chic sauna at the Husky Lodge and let the atmosphere be a balm for the spirits. Or jump into the invigorating open air cold tub and feel body and soul unwind.

STOOS ACTIVITIES



ACTIVE

You can't see the wind. You can't smell it. But you can experience the euphoria of flying down a slope on sled or ski with the wind in your hair. With its broad, attractive slopes of all degrees of difficulty, the Stoos ski area has something to delight every winter sports lover.

DISCOVER

Breathtaking views from the Fronalpstock. Let your eyes rove over ten lakes and countless alpine peaks. At an altitude of 1922 m, soak up the magnificent 360° panorama while enjoying a coffee in the region's highest restaurant.

BODY & SOUL

The huge cave system offers unforgettable caving experiences for outdoor enthusiasts, individuals, companies, schools and groups. Whether adventurous or leisurely, let yourself be inspired by this fascinating world on a caving tour or expedition. Simple tours with children are possible from the age of 5.

HIGHLIGHTS WINTER 2023/24



NIGHT SLEDDING IN ILLGAU

Every Saturday night up until mid-February, subject to suitable snow conditions, enthusiasts can speed down the slopes on sled or ski bold. Glory in the sensation of the wind in your hair and the starry night sky.

GUIDED SKI AND SNOWSHOE TOURS

Escape from the hustle and bustle of everyday life and treat yourself to a unique tour experience in the very heart of Switzerland. Reach the summits of imposing peaks under the expert guidance of the erlebniswelt muotathal team.

HÖLLOCH

The huge cave system offers unforgettable caving experiences for outdoor enthusiasts, individuals, companies, schools and groups. Whether adventurous or leisurely, let yourself be inspired by this fascinating world on a caving tour or expedition. Simple tours with children are possible from the age of 5.



HORSE-DRAWN SLEIGH RIDES – STOOS

A horse-drawn sleigh has an air of royalty about it, gliding through the stunning scenery as the horse steps majestically onward. Treat yourself to the unique experience of a horse-drawn sleigh and ride round the small mountain village of Stoos in resplendent comfort.

SLED DOG TOUR

Why not follow in the footsteps of a true musher? Imagine you're an Inuit in the Far North, riding behind your own troupe of sled dogs. You'll be given instructions and a few handy tips, and then entrusted to take charge of the husky team yourself.

GROUP ACTIVITIES

A huge range of group activities is available, from winter wonderland adventures to relaxed restaurant evenings – everything can be built into an exciting, varied program to ensure an unforgettable event for the whole group.

HOTELS & RESTAURANTS IN THE REGION

ILLGAU



ACCOMMODATION

The mountain village with character. Attractive, peaceful and sunny Illgau is the perfect base for a holiday.

RESTAURANTS

The pithy motto of the Sigristenhaus restaurant and Oberberg inn – "delicious and satisfying." A warm welcome, tradition, sunshine and the glorious mountain scenery... that's Illgau!

SPECIALTIES

Swiss tradition in the Oberberg inn. Cheese lovers will adore the fondue, raclette or cheesy chässschnitte made to the chef's special recipe!

MORSCHACH



ACCOMMODATION

The Swiss Holiday Park is the perfect place for a family holiday. The Mattli Antoniushaus welcomes travelers looking for a peaceful place to stay, as well as seminar guests. Campers will find their home-from-home at Ferienhof Rütli.

RESTAURANTS

From Thai specialties in the Thai restaurant Siam to Italian flair at Il Gusto – Morschach has something for everyone.

SPECIALTIES

Schwitzer Stube: traditional dishes from all over Switzerland – with a few fresh twists. The good life, as the Swiss do it.

STOOS



ACCOMMODATION

Cozy comfort in the Stoos Hüttä, pampering and spa life in the Stoos Hotels, Alpine chic in the Caschu Alp Boutique Design Hotel or a home-from-home in group accommodation or self-catering.

RESTAURANTS

Restaurants looking straight out onto the slopes, local specialties, modern cuisine, buffets... gourmet delights abound!

SPECIALTIES

Stoos Lodge – your home base in the mountains. The unique concept will intrigue young and old – generous, uncomplicated, and just a bit different!

MUOTATHAL



ACCOMMODATION

Next door to the huskies – or surrounded by pure nature? Muotathal village has a wealth of options for an amazing night's sleep!

RESTAURANTS

From regional specialties to international haute cuisine to traditional alpine catering – the Muotathal has delicious food for everyone!

SPECIALTIES

Timeless tradition at family-operated Landgasthof Adler. The Gault Millau Restaurant is renowned far and wide for its fresh, seasonal and regional dishes: the flavor of Schwyz!

ILLGAU ACTIVITIES



ACTIVE

Setting out with a pair of snowshoes is the perfect way to immerse yourself in nature. Beat your own trail through the deep snow and create fresh tracks leading away from the daily grind and into nature's idyl.

DISCOVER

Delight in a unique, varied circular tour from Illgau through the Mythenregion ski area, the Hoch-Ybrig ski area and then back to Illgau. Start the ski safari from anywhere.

BODY & SOUL

Surrounded by the stunning mountain scenery, at an altitude of 1,223 m, visitors to the Oberberg inn will enjoy magnificent views over the Mythen, the Roterfluh and the Fronalpstock. The glorious sun terrace is the perfect place to lean back and relax after an invigorating outing in the snow.

MORSCHACH ACTIVITIES



ACTIVE

Varied cross-country ski trails wind their way past farmyards, across wide open spaces, skirting round woodlands, and along streams. Glide through nature until your pulse is racing – whether due to the energetic pace or the stunning surroundings can remain your own little secret.

DISCOVER

Enjoy exciting and varied moments at Fronalp Adventure Farm. The Swiss Holiday Park offers a wide range of leisure activities such as bowling, billiards, virtual reality and much more...

BODY & SOUL

The water park features indoor and outdoor pools, a white-water course, a waterfall, a slide, bubble pools, and more. The perfect destination for a family outing.



FAMILY ACTIVITIES



HUSKY LOVE

Does the idea of wandering through the snowy Muotatal landscape accompanied by a trusting husky appeal to you? You'll be fitted with a harness ready to take a walk with the huskies, and appreciate the power and energy of these faithful creatures one to one. On offer at erlebniswelt muotathal.

BOUNCE CIRCUS – SWITZERLAND'S BIGGEST BOUNCE HOUSE

With a hop, a skip, and a JUMPI! The unique bouncy fun experience for all ages. Switzerland's biggest bounce house is back in the Fronalpstock on the Stoos for the winter season.

SLED AND AIRBOARD SLOPES WITH A VIEW

From sled slopes in Stoos village to the Fronalpstock's high-speed sled run, the Stoos plateau has something for everyone who adores being on a sled. And for the adrenalin addicts, the Fronalpstock has an airboard slope next to the sled slope!

SKI SAFARI ILLGAU

14 km of downhill slopes, 1450 m altitude difference, 3 hours of skiing fun in Illgau, the Mythen region and Hoch-Ybrig, whizzing by – or perhaps gliding into – friendly restaurants, delighting in the breathtaking panoramas of the mountain scenery all around.

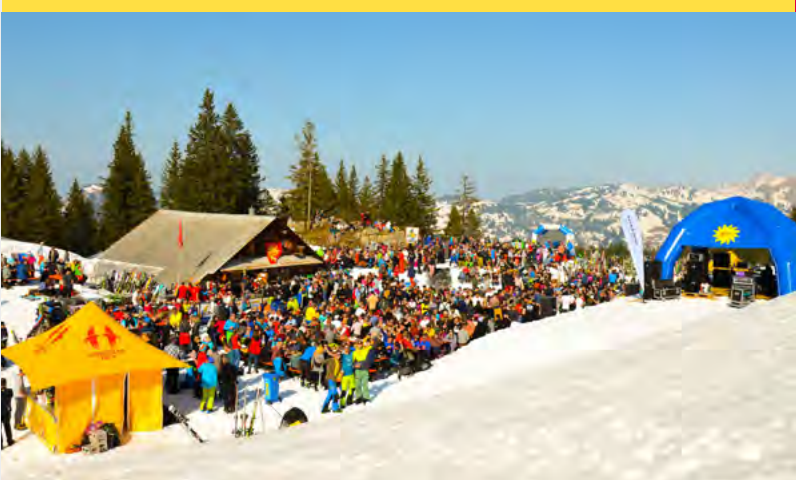
FRÖNELI'S WINTERLAND

The conveyors in Fröneli's Winterland are free of charge to all ages. They can be found next to the Ski School, the valley station of the Fronalpstock ski lifts, the Alpstübli restaurant and the Gadä restaurant.

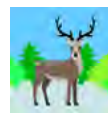
SWISS HOLIDAY PARK ACTIVITIES

The Swiss Holiday Park offers a large pool area, an extensive range of sports and games such as bowling, virtual reality and billiards, as well as various accommodation options, diverse seminar rooms, four restaurants and seasonal cosy fondue gondolas.

EVENTS WINTER 2023/24



WINTER CODE OF CONDUCT



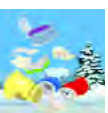
Never enter wildlife reserves or wildlife sanctuary zones



Stay on marked slopes, paths and circuits.



Be prepared – Keep track of time – Never overestimate your abilities



Don't litter in the nature.

WEATHER MICROCLIMATE STOOS – MUOTATAL



FASCINATING WEATHER: The beauty and power of nature

The Stoos-Muotatal region has a close relationship with its weather, due to the frequent and dramatic extremes it experiences. From föhn-blown storms on Lake Uri to record freezes on the Glatt Alp; from downpours in the Bödmeren forest to long sunny days on the Stoos and the Illgau sun terrace – the weather can vary dramatically over the space of just a few miles.

WETTERSCHMÖCKER

The home-grown 'Wetterschmöcker', sometimes known as the 'Muotathaler Wetterfrosche', is a group of hobby meteorologists from the inner Schwyz region. Their own observations of nature are certainly one ingredient of their weather forecasts, but the exact recipe is a well-guarded secret. Learn more during an entertaining talk about the weather.

For more information, see [www.stoos-muotatal.ch/wetterregion](http://www.stoos-muotatal.ch/wetterregion)

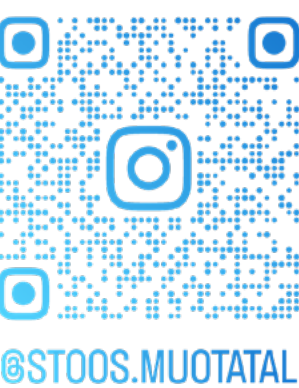
INSTAGRAM #STOOSMUOTATAL



INSTAGRAM – FOLLOW US

We use our Instagram to share stunning moments from Muotatal, Stoos, Illgau and Morschach.

We'd also like to build awareness for the Stoos-Muotatal region with the help of your posts and stories! Please do share your news and pictures from the region with us by tagging #stoos-muotatal / @stoosmuotatal in your social media posts. A selection of the content is included on our social wall on [www.stoos-muotatal.ch](http://www.stoos-muotatal.ch) or in our Instagram account.



RELAX AND RECHARGE



HÜTTENHOTEL HUSKY-LODGE

Pure relaxation, surrounded by Muotatal's natural wonderland. Sauna, quiet room and an invigorating cold tub in the open air.

SWISS HOLIDAY PARK

Let the atmosphere soothe your soul, soak away your cares in the luxurious Roman/Irish baths, and pamper yourself with a relaxing massage.

WELLNESS HOTEL STOOS\*\*\*

Pure relaxation. Pure indulgence. Some 1,100 square meters of spa facilities will restore equilibrium to body and soul. Spoil yourself with a massage, relax in the sauna, or simply unwind in the warm quiet room.

CASCHU ALP BOUTIQUE DESIGN HOTEL

If you're looking to get away from the hurly burly of daily life, the spa in the Caschu Alp Boutique Design is just the place for you. Mix and match options in the sauna zone, a whirlpool, and many more treasures.

STOOS LODGE

Guests enjoy 500 square meters of sauna and fitness equipment, with glorious views. All under one roof.

SUMMER 2024



HIKING

Over 340 km of walking trails: from accessible routes for wheelchair or baby stroller through to challenging mountain hikes.

CLIMBING

Young and old alike are sure to love the newly opened climbing tower at erlebniswelt muotathal.

ADRENALIN RUSH

Flipping your skateboard on the Muotathal pump track, canoeing through the Muota rapids, paragliding from the Fronalpstock or whizzing along the flying fox in Morschach – LET'S GO!

A REFRESHING SPLASH

After a hike in the mountains, cool your feet in the idyllic mountain lakes.

HOLIDAYING IN THE REGION

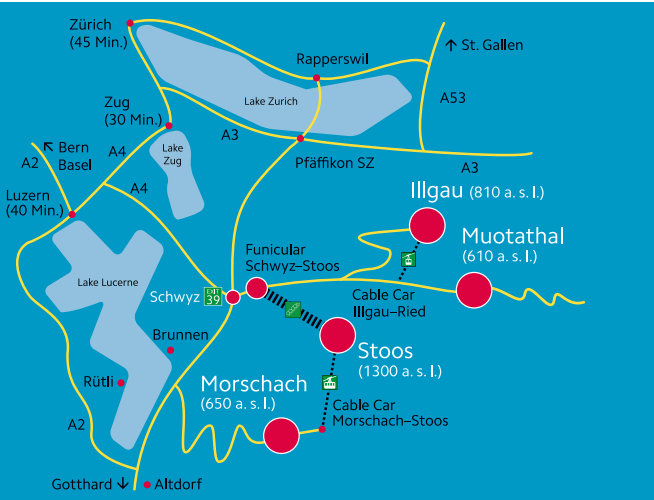
Culinary delights, a hiking weekend, simply making time to soak up nature – traditional guest houses, hotels, activities and adventures for old and young in the Stoos-Muotatal region covering Illgau and Morschach.

# Winter and Panoramic map

The rustic weather microclimate

## ENGLISH

Winter 2023/24



STOOS – MUOTATAL TOURISMUS GMBH

ADDRESS

Grundstrasse 232, 6430 Schwyz

PHONE

+41 (0)41 818 08 80

WEBSITE

[www.stoos-muotatal.ch](http://www.stoos-muotatal.ch)

INFO POINTS

Pavilion Morschach, Xaver Lüönd AG Muotathal, erlebniswelt muotathal GmbH, Schwyz – Stoos funicular, Morschach – Stoos air gondola, mountain station, Raiffeisenbank Illgau

For those who love winter. For sun worshippers. For bon vivants.

For an escape from the city. For spa lovers. For cave explorers.

For mountain climbers. For adrenalin addicts.

For YOU! Discover the Stoos-Muotatal region.

