

Panoramic map hiking paradise Stoos-Muotatal



Digital activity card

Legend

- Air gondola / funicular

Bus stop

Train station

Boat landing stage

Parking lot / Parking garage

Information

Restaurant

Alpine hut refreshments

Alpine hut

Café

Accommodation

Rental & service

Shopping

Barbecue area

Picnic area

Playground

Caves

Golf course
- Climbing walls

Paragliding launch point

Tennis

Swimming pool / Spa

Viewpoint

Church

Cinema / theater

ATM

Restrooms

Camping

Woodland fitness trail

Soccer ground

Multi-use hall

Kayaking

Husky Lodge

Pump track

Route start point

No vehicles
- Walking and hiking trails for all abilities

Marked in yellow. Special footwear not needed, suitable for all abilities; no particular hazards.
- Mountain hikes for experienced hikers

The route may take you off-trail in places. All-weather gear and hiking shoes with good grip are recommended.
- Alpine trails for alpinists

May include some scrambling. The route may take you off-trail in places. You must be in good physical condition, and must be familiar with the dangers in the mountains. All-weather gear and suitable shoes with good grip are essential.
- Silberer-Bödmere Nature Reserve

Please be respectful of your surroundings in the Silberer-Bödmere Nature Reserve: do not disturb or frighten animals; keep the noise down; stay on marked routes; no camping.

HIKING & WALKING

MUOTATHAL

- 2

Roundtrip Ried
- Chappelmett – Fluhhof – vord. Brücke – Husmatt – Gütsch /
↑ 1m / ↓ 16m / 55 min
- 3

Joke hiking trail
- Schlattli – vordere Brücke – Muotathal / ↑ 56m / ↓ 5m / 1h 45 min
- 4

Weatherfrog hiking trail
- Schulhaus Muota – Altersheim – Guggeli – Teufbach – Tschalun – Muotadamm –
Schulhaus Muota / ↑ 188m / ↓ 188m / 2h
- 7

Primeval forest jump
- Unter Roggenloch – Bödmeren – Stägen – Unter Roggenloch
↑ 109m / ↓ 109m / 1h 15 min
- 10

Round tour Stalden
- Töbell – Brunni – Husky Lodge – hint. Brücke – Stützli / ↑ 106m / ↓ 106m / 1h 10 min
- 12

Bödmeren forest trail
- Elgelswald – Rasi Hütte – Gschwand – Äbenmatt – Bödmeren – Stägen –
Elgelswald / ↑ 469m / ↓ 469m / 3h
- 13

From Sahli to Muotathal
- Sahli – Schwarzenbach – Schönedenboden – Mettlen – Lau – Herrgott – Hintere
Brücke / ↑ 0m / ↓ 510m / 2h 35 min
- 14

Around Sahli
- Schlänggen – Waldi – Gross Gade – Milchbüelen – Feldmoos – Sahli – Schlänggen
↑ 605m / ↓ 605m / 3h 30 min
- 15

Pragelpass trail
- Etappe 1: Schwyz – Schlattli – Muotathal
↑ 360m / ↓ 280m / Etappe 1: 3h 45 min
Etappe 2: Muotathal – Stalden – Pragelpass – Hinter Klöntal
↑ 1200m / ↓ 950m / Etappe 2: 7h 15 min
- 24

Limestone Silberer
- Pragelpasshöhe – Butzen – Silberer/Twärenen – Silberenalp – Alpeli –
Pragelpasshöhe / ↑ 1125m / ↓ 1125m / 5h 55 min
- 25

To the farthest Bisisthal
- Sahli – Gwalpeten – Firner Loch – Mären – Glattalp – Sahli
↑ 1337m / ↓ 1337m / 6h 30 min
- 27

Local mountain Muotatal (Wasserbergfirst)
- Schwarzenbach – Gigen – Träsmeren – Wasserbergfirst – Liplisbüel – Muotathal
↑ 1575m / ↓ 1915m / 7h 50 min

STOOS

- 80

Moor Trail
- Sternegg – Frontal – Stoos Seeli / ↑ 15m / ↓ 15m / 30-45 min
- 82

NEW: Stooshorn-Round
- Bergstation Standselbahn – Stooshorn – Nühussweidi – Brunnerboden –
Sternegg – Bergstation Standselbahn / ↑ 159m / ↓ 159m / 50 min
- 83

Fronalpstock panorama trail
- Fronalpstock Gipfel – Fronalpstock Gipfel / ↑ 80m / ↓ 80m / 30 min
- 84

NEW: Fronalp Trail
- Fronalpstock Gipfel – Charenstöckli – Alp Lau – Frontal – Stoos
↑ 8m / ↓ 584m / 2 h
- 86

Alp Cheese Trail
- Bergstation Standselbahn – Talstation Klingenstock – Alp Rinderchruteren – Alp
Tröligen – Alp Näppälnalp – Alp Metz – Berghotel Restaurant Stoos Hüttä –
Gasthaus Balmberg, Dorf Stoos / ↑ 395m / ↓ 395m / 3h 25 min
- 87

Ridge hiking Trail
- Klingenstock – Huser Stock – Furggeli – Fronalpstock
↑ 365m / ↓ 378m / 1h 30 min-3h
Inkl. Aufstieg Stoos – Klingenstock und Abstieg Fronalpstock – Stoos
↑ 1000m / ↓ 1000m / 5-6h

MORSCHACH

- 60

The Swiss Path
- Rüti – Seelisberg – Bauen – Flüelen – Telskappelle – Sisikon – Morschach –
Brunnen / ↑ 900m / ↓ 900m / 11h 5 min
- 61

Morschach panorama trail
- Infopavillon – Axenstein – Schwyzerhöhe – Luftseilbahn – Nägelsgärtli –
Degenbalm – Infopavillon / ↑ 270m / ↓ 270m / 1h 40 min
- 62

Chapel path
- Infopavillon – Lourdes Grotte – Franziskuskapelle – Marienkapelle –
Mattli Antoniushaus – Infopavillon / ↑ 100m / ↓ 100m / 1h
- 63

Wundernasen Trail
- Infopavillon – Apart Holidays – Landal Ferienhäuser – Infopavillon
↑ 20m / ↓ 20m / 30 min
- 64

Hike to Schilteli
- Morschach – Degenbalm – Hetzig – Schilteli – Hinter Schilteli – Morschach
↑ 575 m / ↓ 575 m / 2 h 55 min
- 65

Badger Way
- Infopavillon – Mattli – Vorder Wasi – Hinter Wasi – Mattli – Infopavillon
↑ 160m / ↓ 160m / 1 h

ILLGAU

- 40

Lady-Bug Trail Illgau
- St. Karl Bergstation, Waldspielpfad – Glockenspiel – Erlebnisplatzplatz Balmli –
Illgau / ↑ 10m / ↓ 375m / 50 min
- 41

To the viewpoint Sterneneegg
- Illgau – Nühüs – Chaltenbrunnen – Oberer Altberg – Sterneneegg – Rieter – Illgau
↑ 600m / ↓ 600m / 3h 30 min
- 42

Spirstock
- Illgau – Bergli – Fraumatt – Feissi – Nienlenstock – Laucherenkappelen –
Spirstock – Sterneneegg – Rieter – Illgau / ↑ 964m / ↓ 964m / 4h 30 min
- 43

Round tour Fallenflue
- Illgau – Bergstation St. Karl – Fallenfluh (Aussichtspunkt) – Nühüs – Illgau Dorf
↑ 186m / ↓ 183m / 2h

MUOTATAL ACTIVITIES



ACTIVE
Get that adrenalin rush to the max with a climbing experience at 'erlebniswelt muotathal' or a wild water adventure such as kayaking or canyoning in the Muota River. Take a guided tour or intrepid hike through the Höllloch cave system and discover the world from the other side!

HIKING
Muotathal village is at the heart of a network of over 280km (175 miles) of hiking trails. Follow the waypoints along the Muota River, through timeless mountain scenery and deep into unique nature zones such as the ancient Bödmeren forest and the Silberer limestone plateau.

BODY & SOUL
Treat yourself to a guided meditation to top up your energy, balance and inner calm. Then, relax body, mind and soul in the sauna. Switch off, unwind, and enjoy – available now at 'erlebniswelt muotathal'!



ACTIVE – KLINGENSTOCK
Invigoratingly active, alpine, and eternal: that's Mt. Klingenstock. A fantastic place for energetic tourists! Let nature inspire you and experience Mt. Klingenstock in 3D.

HIKING – FRONALPSTOCK
Carefree hours in the fresh mountain air, surrounded by 360° panoramas – what more could anyone want? And that's just what you get from Mt. Fronalpstock. An ideal hike for families with school-age children.

BODY & SOUL – VILLAGE STOOS
There's plenty to discover in Stoos mountain village. Enjoy sunny strolls, cuisine from all round the world, and magnificent views. Family-friendly Stoos has something for everyone, from grannies to toddlers.



BÖDMEREN FOREST
At the very foot of the Muotatal Valley, the primeval forests of the Alps survive in the 550ha (1,360 acre) Bödmeren forest. Some parts of the forest have hardly felt the finger of mankind and remain just as they were in ancient times.

GROUP ACTIVITIES
Nature and the culture-rich landscape are guaranteed to be inspiring, while the modern facilities at the seminar houses have everything you need for a fruitful conference. With numerous group activity options, you can be sure that every event will be an experience. And it's a perfect location: the Stoos-Muotatal region is so central, it's not far from anywhere!

WORLD'S STEEPEST FUNICULAR
In December 2017, the world's steepest funicular opened in the middle of a mountain village: Stoos. The Stoosbahn chugs up gradients of up to 110% = 48°. The innovative technology is unique in the world.

HERITAGE & TRADITION IN ILLGAU
One of Illgau's best-known and most-loved exports is its folk music. It's said that at least one instrument is played in every family in Illgau. Alongside the traditional brass bands, you'll find groups playing modern rock, pop, and folk music.

THE SILBEREN KARST
Above us, the expanse of sky; below us, the endless void of the Höllloch; all around us, bare limestone: the craggy Silberer plateau is something special to see, boasting Switzerland's biggest karst formations. The trailhead is at the Prigel Pass, and a particular highlight is the view into the Klöntal Valley.

HÖLLLOCH
With 210 kilometers explored to date, the Höllloch isn't just the biggest cave system in Switzerland, nor in Europe: it's one of the biggest in the world. The vast network of caves and tunnels draws outdoor adventurers from far and wide!

ILLGAU ACTIVITIES



ACTIVE
Guarding the head of the Muotatal Valley, the Fallenflue crag, some 1,200m above sea level, boasts splendid views over Canton Schwyz and Lake Lucerne. The north-west face is popular with climbers throughout the summer.

HIKING
Here's a fun family challenge: find all seven kids in the Käfer family! Named after the local beetle, the Chäferliweg has something round every corner: play areas, barbecue spots, ... and more. Follow circular trails through sunny Illgau to the Fallenflue viewpoint, or towards Oberberg and Chaltenbrunnen.

BODY & SOUL
Traditional folk music, the 'naturjuuz' mountain yodel, and the 'Schwyzerörgeli' accordion are the hallmarks of tiny Illgau. And be sure not to miss out on a visit to Restaurant Sigristenhaus!

MORSCHACH ACTIVITIES



ACTIVE
Drive golf balls through the breathtaking panoramas of the Axenstein golf course, in a landscape oozing with myths. Enjoy a high-speed afternoon on the outdoor go-kart track or following the Flying Fox parkour trail.

HIKING
The Panoramaweg takes you around the village of Morschach, with fantastic views over Lake Lucerne and to the peaks of Canton Schwyz. The Kappellenweg takes you through a series of dramatic beauty from chapel to chapel. Kids will love the themed Wundernasenweg and Detektiv-Trail.

BODY & SOUL
The Swiss Holiday Park is a unique holiday experience for visitors of all ages, boasting a bowling alley, a range of sporting activities, and a water park. The sound of alpine horns echoes every Tuesday from May through August.



EVENTS SUMMER 2023



- May 6 – October 28

May–August

June 11

June 24/25

July 8

July 8

July 9

July 31 / August 1

August 4 – Sep 29

August 7 – 12

August 12

August 20/21

August 27

October 14

Oct. 21 – Dec. 3

October 28 /29
- Evening trips to Mt. Fronalpstock every saturday

Listen to alpine horns above Morschach every tuesday

Stoos-Schwinger

Migros Hiking Sounds, Stoos

First Openair festival in Illgau

Stoos-Trail

Open air mass with yodel choir on Mt. Fronalpstock

National holiday on the Stoos

Sunset trips to Mt. Fronalpstock every friday

Kids Musical Camp, Morschach

Country-Night, Illgau

Natural products market, Stoos

Coop Family Hike, Stoos

Fronli-Fäisch: Stoos

Theater Muotathal

Muotitaler Alpchäsmärcht

ALPINE CODE OF CONDUCT



- Stay on marked trails

Keep dogs on a leash

Close the gates

Keep Dogs out of water troughs

Take your litter

Only light fires in BBQ areas
- Respect the mountains. Thank you for your understanding!

HIGHLIGHTS SUMMER 2023



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HOTELS & RESTAURANTS IN THE REGION

ILLGAU

ACCOMMODATION

The mountain village with character. Attractive, peaceful and sunny Illgau is the perfect home base for a holiday.

FOOD & DRINK

«Guäts und Gnäuel» The pithy motto of the Sigristenhaus restaurant and Oberberg inn. A warm welcome, tradition, sunshine and the glorious mountain scenery – that's Illgau!

SPECIALTIES

Swiss tradition in the Oberberg inn. Cheese lovers will adore the fondue, raclette or cheesy chässchnitte home-made to the chef's special recipe!

STOOS

ACCOMMODATION

Cozy comfort in the Stoos Hüttä, pampering in the Stoos Hotel, Alpine chic in the Caschu Alp or a home-from-home in group accommodation or self-catering.

FOOD & DRINK

Restaurants with a view, local specialties, modern cuisine, buffets... gourmet delights abound!

SPECIALTIES

Stoos Lodge: your home base in the mountains. The unique concept will intrigue young and old – generous, uncomplicated, and just a bit different!

MORSCHACH

ACCOMMODATION

Ruli Holiday Farm or the popular Swiss Holiday Park are perfect for family holidays. Seminar planners will find everything they need in the Mattli Antoniushaus.

FOOD & DRINK

Tasty ice-cream, BBQ spots, and restaurants crossing the globe from Italy to Thailand – or authentic Schwyz cuisine: Morschach has it all.

SPECIALTIES

The delicious sundaes at Wildi's Dorfcafé are an absolute must!

MUOTATHAL

ACCOMMODATION

Next door to the Huskies – or in the midst of nature on the Glätt Alp? Muotathal village has a wealth of options for an amazing night's sleep!

FOOD & DRINK

From regional specialties to international haute cuisine; from alpine hut catering to the Panorama Restaurant.

SPECIALTIES

Timeless tradition at family-operated Landgasthof Adler. The Gault Millau Restaurant Höhenflug is renowned far and wide for its fresh, seasonal and regional dishes!

FAMILY ACTIVITIES



HOLIDAYING WITH THE KIDS
Accommodation options range from family-friendly hotels to self-catering or exciting campsites. Activities include the husky experience, visiting farm animals, and soaking up the breathtaking scenery on every side of your accommodation.

PLAYGROUND PARADISE
Play, burn off energy – and above all, have fun! Whether you're at the playground in Schwarzenbach, the kids' paradise in the Swiss Holiday Park, the Geisli getting zoo with its panoramic playground and views of Mt. Fronalpstock, or the huge play area right next to the Chäferliweg in Illgau.

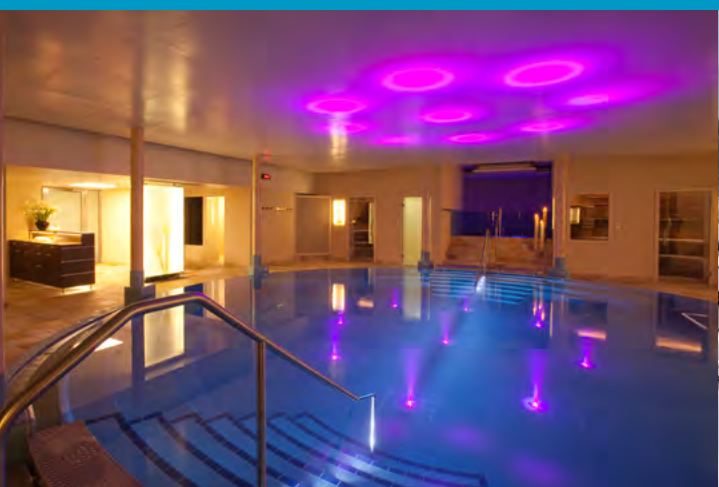
HIKING WITH THE KIDS
When you're out and about with kids, you see the world differently. The fun, funny, and educational themed trails; the hiking routes suited to strollers – every walk becomes an adventure.

FRONALP DISCOVERY CENTER, MORSCHACH
Our small farmyard is home to numerous native animals, some of which are protected species. Our riding stable is also a highlight. If you love horses, we have a range of exciting, unforgettable adventures for everyone, whether you're staying with us or just here for the day.

KIDS GO FREE IN SUMMER
Funicular, air gondola and more: get your kids a Junior card or Kids card and they can travel for free all over the Stoos during the summer.

PICNIC AREAS WITH BARBECUE SPOTS
Summer time is BBQ time! The Stoos-Muotatal region has a great selection of beauty spots where you can grill your sausages and toast your bread twists over a fire. Please always follow the Alpine Code of Conduct and leave the barbecue area as you would like to find it.

RELAX AND RECHARGE



HUSKY-LODGE CHALET HOTEL
Pure relaxation, surrounded by Muotatal's natural wonders. Sauna, quiet room and an invigorating cold tub in the open air.

SWISS HOLIDAY PARK
Let the atmosphere soothe your soul, soak away your cares in the luxurious Roman/Irish baths, and pamper yourself with a relaxing massage.

WELLNESS HOTEL STOOS
Some 1,100 square meters of spa facilities will restore equilibrium to body and soul. Absorb the power of the nature all around.

CASCHU ALP BOUTIQUE DESIGN HOTEL
If you're looking to get away from the hurly burly of daily life, the spa in the Caschu Alp Boutique Design Hotel is just the place for you. Sauna area with various combinations, a whirlpool, and many more treasures.

STOOS LODGE
Enjoy the 500 square meter sauna and fitness facilities, fully equipped with panoramic views.

WINTER 2023/24



SKIING
A ski safari in the Illgau region is a particularly special experience. There are 35km (20 miles) of maintained pistes, all with breathtaking views.

CROSS-COUNTRY
Glide through nature until your pulse is racing. The Stoos-Muotatal region has a varied selection of cross-country trails for both classical

SNOWSHOE TRAILS AND WINTER HIKING
Snowshoeing and winter hikes are a great way to experience nature at full blast. Discover the region away from the hustle and bustle and off the beaten track.

SLEDGING AND AIRBORADING
Experience the euphoria of flying down the slopes with the wind in your hair. Mix it up with an evening ride or try an airboard.

TOURING
A ski tour through the natural wonders of the Muotatal? Or perhaps even a Husky tour? Book through 'erlebniswelt muotathal'.

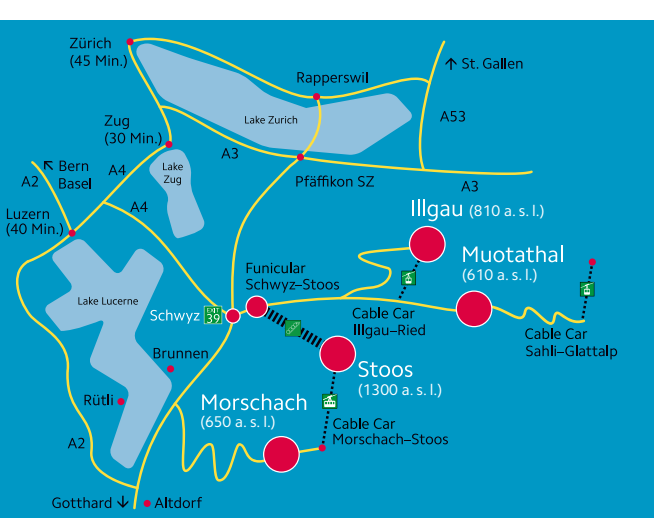


Hiking and Panoramic map

The rustic weather microclimate



ENGLISH Summer 2023



STOOS – MUOTATAL TOURISMUS GMBH

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WEBSITE
www.stoos-muotatal.ch

INFO POINTS
Pavillon Morschach,
Xaver Lüönd AG Muotathal,
erlebniswelt muotathal,
Standseilbahn Schwyz – Stoos,
Bergstation Luftseilbahn Morschach – Stoos,
Raiffeisenbank Illgau

«For hikers. For sun worshippers. For city breakers. For pleasure seekers. For wellness showerers. For spelunkers. For mountaineers. For thrill seekers.»

For you! Discover the Stoos-Muota Valley region.

