

Panoramic activity map



Digital activity map

Legend

		<p>Marked in yellow. No special footwear needed; can be hiked without any particular risks.</p>
		<p>The route may take you off-trail in places. All-weather gear and hiking shoes with good grip are essential.</p>
		<p>May include some scrambling. The route may take you off-trail in places. You must be in good physical condition, and must understand the risks in the mountains. All-weather gear and hiking shoes with good grip are essential.</p>
		<p>Silberer-Bödmeren Nature Reserve</p>
		<p>Please be respectful of your surroundings in the Silberer-Bödmeren Nature Reserve: do not disturb or frighten animals; keep the noise down; stay on marked routes; no camping.</p>

HIKING & RAMBLING

MUOTATHAL

- 3 Muotathaler Witzwanderweg** Schlattli – vordere Brücke – Muotathal / ↑ 56 m / ↓ 21 m / 2h
- 4 Wetterfrosch-Wanderweg** Schulhaus Muota – Guggeli – Teufbach – Tschalun – Schulhaus Muota / ↑ 186 m / 1 h 40 min
- 7 Urwaldspur Bödmeren** Unter Roggenloch – Bödmeren – Unter Roggenloch ↑ ↓ 170m / 1h 15min
- 10 Rundgang Stalden** Tobelli – Brunni – Husky-Lodge – hint. Brücke – Stützi | ↑ 107m / 1h 10min
- 12 Urwaldweg Bödmeren** Eigelswald – Gschwänd – Bödmeren – Eigelswald | ↑ 315m / 3h 15 min
- 13 Vom Sahli zum Muotathal** Sahli – Schwarzenbach – Schönenboden – Hintere Brücke | ↑ 0 m / ↓ 519 m / 2 h 35 min

- 14 Rund ums Sahli** Schlanggen – Waldisee – Milchbüelen – Sahli – Schlanggen ↑ ↓ 605m / 3h 30min
- 15 Pragelpassweg** Etappe 1: Schwyz – Schlättli – Muotathal ↑ 159m / ↓ 103m / 2h 45min
Etappe 2: Muotathal – Pragelpass – Hinter Klöntal ↑ 200m / ↓ 950m / 7h 15min
- 24 Karstspur Silberen** Pragelpasshöhe – Butzen – Silberen / Täwarenen – Silberenalp – Alpeli – Pragelpasshöhe / ↑ ↓ 864m / 5h 45min
- 27 Auf den Muotathaler Hausberg** Schwarzenbach – Wasserberggrist – Lipisbüel – Muotathal ↑ 1975m / ↓ 1915m / 7h 15min

STOOS

- 80 Moorweg** Sternegg – Frontal – Stoos Seeli / ↑ ↓ 28 m / 30 min
- 82 Stooshorn-Runde** Bergstation Standsseilbahn – Stooshorn – Alpstubli – Bergstation Standsseilbahn / ↑ ↓ 45 m / 50 min
- 83 Panoramaweg Fronalstock** Fronalstock Gipfel – Fronalstock Gipfel ↑ ↓ 60 m / 30 min
- 84 Fronalweg** Fronalstock – Alp Lau – Frontal – Stoos-Seeli – Stoos ↑ 0 m / ↓ 579 m / 2 h
- 85 Chänzelweg** Mettlen – Chänzell – Fronalstock ↑ 397m / ↓ 0m / 1h 20min
- 86 Alpchäsweg** Stoos – Rinderchruteren – Trölligen – Alp Näppanalp – Metzg – Stoos Hütte – Balmberg / ↑ ↓ 376 m / 3h 20min
- 87 Gratwanderweg Klingenstock – Fronalstock** Klingenstock – Huser Stock – Fronalstock ↑ 420 m / ↓ 400 m / 2h 30min

MORSCHACH

- 60 Weg der Schweiz** Rütli – Seelsberg – Bauen – Flüelen – Sisikon – Morschach – Brunnen / ↑ 1400m / ↓ 900m / 11h 5min
- 64 Wildheuenweg** Dorfplatz – Apart Holidays – Landal Ferienhäuser – Dorfplatz ↑ ↓ 20m / 25min
- 65 Panoramaweg Morschach** Dorfplatz – Axenstein – Schwyzhöhe – Luftseilbahn – Nägelsgärtli – Dorfplatz / ↑ ↓ 270m / 1h 40min
- 66 Dachsenweg Rundgang** Dorfplatz – Mattli – Vorder Wasli – Hinter Wasli – Mattli – Dorfplatz ↑ ↓ 160 m / 1 h
- 67 Kapellenweg** Dorfplatz – Lourdes Grotte – Franziskuskapelle – Nägelsgärtli – Matti Antoniushaus – Dorfplatz / ↑ ↓ 100m / 1 h
- 69 Wanderung zum Schilteli** Dorfplatz – Degenbalm – Hetzig – Schilteli – Dorfplatz ↑ ↓ 575 m / 3 h
- 70 Bäreiros Stoos** Dorfplatz – Degenbalm – Wissenflue – Bäreiros – Welesch – Stoos ↑ 998m / ↓ 364m / 3h 45min

ILLGAU

- 40 Chäferliweg Illgau** St. Karl Bergstation – Waldspielplatz – Erlebnispielplatz Balmi – Illgau / ↑ 5 m / ↓ 375 m / 50 min
- 41 Zum Aussichtspunkt Sternegg** Illgau – Chaltenbrunnen – Oberer Altberg – Sternegg – Rieter – Illgau ↑ ↓ 706 m / 3h 55 min
- 42 Spirstock** Illgau – Vorder Oberberg – Chaltenbrunnen – Sternegg – Spirstock – Vorder Oberberg – Illgau / ↑ 1014 m / ↓ 651 m / 4h 40min
- 43 Rundweg Fallenflue** Illgau – Bergstation St. Karl – Fallenfluh (Aussichtspunkt) – Nühus – Illgau Dorf ↑ 186m / ↓ 183m / 2h

CYCLE TOURS

- Chinzig Bike-Tour** Muotathal – Riemenstalden – Eggberge – Chinzig Chulm – Lipisbüel – Muotathal 61.6 km
- Fronalp Tour** Schlattli – Alp Wannen – Brunnerboden – Stoos – Oberschönenbuch – Schlattli 45.1 km
- Stoos Tour** Stoos – Brunnerboden – Rinderchruteren – Metzg – Firrenboden – Hölbrig – Stoos 10.3 km
- Brunnen Tour** Brunnen – Oberschönenbuch – Schwyzer Höhe – Morschach – Axenstein – Brunnen 12.5 km
- Suworow Route** Schwyz – Suworowbrücke – Muotathal – Pragelpass – Klöntal – Glarus – Elm 69.1 km

MUOTATHAL



VILLAGE LIFE
Around 3,500 people live in the village of Muotathal, surrounded by dense forests and imposing Alpine peaks. Village life is lively, with residents actively involved in shaping the future of the area. Alpine traditions such as the Trychler giant cowbells, and local sport.

ACCOMMODATION & RESTAURANTS
There is a wealth of options for an amazing night's sleep, whether next door to the huskies or in the midst of nature on the Pragel Pass or on the Glatthal! Hungry guests are equally spoiled for choice – from regional specialties to international haute cuisine; from Alpine hut catering to gourmet restaurants.

FASCINATING FACTS
To ease the way for tired hikers or take you over the pass, the Pragel community association has installed twelve easily visible redishare benches along the pass route from Klöntal to Muotathal. Sitting on one of these benches signals that you would like a ride.

STOOS

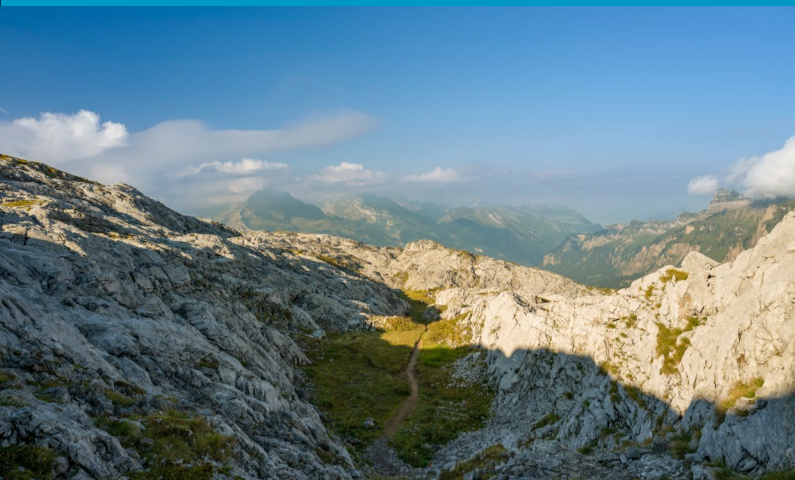


VILLAGE LIFE
The idyllic Stoos-Seeli and winter sports area within the Morschach commune, Stoos Village nestles on a plateau 1300m above sea level. There are 150 residents, with 16 children currently attending the village school. In tourist season, up to 2200 visitors flock to stay in the village.

ACCOMMODATION & RESTAURANTS
With options ranging through cozy comfort in the Stoos Hütte, pampering in the Stoos Hotels, Alpine chic in the Caschu Alp or homey self-catering and group venues, you can be sure of a wonderful relaxing break – and great eating, from regional specialties to modern cuisine and generous buffets.

FASCINATING FACTS
Regenerative energy: modern heat pumps use the excess heat generated in the funicular's plant room to keep the village warm: the heat is used by the funicular mountain station, the Stoos Shop & Rental, the Sternegg ski lift building and more than 100 bedrooms in the Stoos Lodge.

HIGHLIGHTS SUMMER 2026



THE SILBERER KARST
Above us, the expanse of sky below us, the seemingly endless void of the Hölloch; all around us, the jagged limestone. The Silberer landscape is something special to see, home to Switzerland's biggest limestone plateau. Hiking trails criss-cross the area, offering varied landscapes and stunning views into the Klöntal and across Canton Schwyz.

MORSCHACH AERIAL ADVENTURE PARK
Test your coordination and courage on the rope trails in Morschach Seilpark with their breathtaking views over Lake Lucerne and the mountains of Canton Uri. Each with its own unique qualities, the three varied routes are the opportunity for a memorable experience for all abilities.

WORLD'S STEEPEST FUNICULAR
In December 2017, the world's steepest funicular opened in Stoos. The funicular chugs up gradients of up to 110% = 47.7° to transport passengers to the mountain village. The innovative technology is completely unique!

ACTIVITIES IN THE REGION



ILLGAU

ACTIVE
Guarding the head of the Muotatal at 1,200m above sea level, the Fallenfluh crag boasts splendid views through Canton Schwyz and over Lake Lucerne. The north-west face is popular with adventurous climbers throughout the summer.

HIKING
Away from the beaten tracks, follow the trail through the Chaltenbrunnen to the viewpoint at Sternegg, and on to Spirstock – the ascent becomes steeper, but the views are well worth the climb. The hike then takes you gently downhill past the Laucheren chapel.



MORSCHACH

ACTIVE
Try for a hole-in-one on the Axenstein golf course, spend a delightful hour exploring the water play equipment on the village square, or get your heart racing with a fun-filled afternoon at the outdoor go-kart track or minigolf course at the Swiss Holiday Park.

HIKING
Stroll along the Panoramaweg around the village for fantastic views over Lake Lucerne and the peaks of Canton Schwyz, or follow the Kappellenweg through stunning scenery from chapel to chapel. Kids will love the activities on the themed Detektiv-Trails.



STOOS

ACTIVE
Carefree hours in the fresh mountain air, surrounded by 360° panoramas – what more could anyone want? It's all part of the experience at Stoos.

HIKING
The Stoos area has trails to suit every taste, for young or old, from the Stooshorn round around the village to the Fronalpweg trail up Fronalstock, or the welcoming Alpchäsweg (Alpine Cheese Trail) which combines fresh air and exercise with good living.



MUOTATHAL

ACTIVE
Take an intrepid hike through the Hölloch cave system and discover the world from the other side! Try a climbing experience at erlebniswelt muotathal, or get an adrenaline charge on a wild water adventure such as kayaking or canyoning down the Muota River.

HIKING
Muotathal is at the heart of a network of over 280km of hiking routes. Follow the trails along the Muota, through timeless mountain scenery and deep into the unique natural landscapes of the ancient Bödmeren forest and the Silberen limestone plateau.



ILLGAU

VILLAGE LIFE
The village, with its 820 inhabitants, is often referred to as a sun terrace. The farmhouses dotted across the plateau and up to 1,300m above sea level are home to working farms summer and winter.

ACCOMMODATION & RESTAURANTS
Attractive, peaceful and sunny Illgau is the perfect base for exploring the area and enjoying splendid views. When you've built up an appetite, the Signistenhaus-Hütte restaurant will offer you a warm welcome, tradition, and glorious mountain scenery.

FASCINATING FACTS
One of Illgau's best-known exports is its unique folk music. Almost a dozen music groups keep the local Ländler tradition alive, and there are also home-grown bands who enjoy playing modern folk. Not only instrumentalists – vocal music is a large part of the village culture.



MORSCHACH

VILLAGE LIFE
Perched above the town of Brunnen on a sunny plateau above Lake Lucerne, Morschach enjoys views of the historic Rütli meadows, across the mountains of Canton Uri and down the wide valley of Canton Schwyz. The village has around 1,300 residents.

ACCOMMODATION & RESTAURANTS
The tourist village offers a wide spectrum of places to stay, from welcoming hotels to self-catering holiday apartments and a family-friendly campground. When it comes to eating, you're guaranteed a delicious visit to Morschach, with mouth-watering ice cream, attractive barbecue spots, and restaurants spanning every taste.

FASCINATING FACTS
The hiking trail Weg der Schweiz, the Swiss Path, passes through the center of Morschach. The trail is a historic route through Switzerland's ancient landscapes, bringing together nature, tradition and history. Morschach is more than just a place to pass through on the trail: it is well worth stopping to explore.



BÖDMEREN, MUOTATHAL

FUN FOR ALL THE FAMILY



FAMILY HOLIDAYS
Accommodation options range from cozy family-friendly hotels to convenient self-catering – or campgrounds packed with adventures. Numerous play areas, water parks and multifaceted hiking trails provide everything you need for a varied, unforgettable family holiday.

ALL-AGE OUTDOOR ADVENTURES
Hunting beetles on the Chäferliweg in Illgau or spotting the wooden balls that mark the Fronalpweg trail on the Stoos – with educational trail, fun activities where the kids will love to stop and play, and hiking routes suited to strollers, every walk becomes an adventure.

FRÖNELIS PHOTO POINT
Collect a lovely souvenir of your trip to the Alps from the photo point at the mountain station of the funicular Schwyz-Stoos. Just scan your mountain railway ticket to activate the camera, then pose with the Fröneli goat mascot!



CLOSE UP WITH ANIMALS
Hours to treasure at the Erlebniswelt Fronalp activity center, where you can meet horses, ponies, hens and bunnies. Or visit Ferienhof Rütli to stroke alpacas, hares and even pigs! The pygmy goats gambling in the petting zoo on Fronalstock are always a winner, and the huskies at erlebniswelt muotathal GmbH will be delighted to greet you.

EXPLORE THE PLAYGROUNDS
From the pump track in Muotathal and the playground in Schwarzenbach; from the wooden adventure castle on Fronalstock to the woodland play parks in Illgau and Morschach – there's something to delight every young adventurer!

BARBECUE & PICNIC SPOTS
Collect a lovely souvenir of your trip to the Alps from the photo point at the mountain station of the funicular Schwyz-Stoos. Just scan your mountain railway ticket to activate the camera, then pose with the Fröneli goat mascot!

EVENTS SUMMER 2026



- 4 – 8 May** Youth adventure camp, erlebniswelt muotathal
- May – October** Evening trips to Fronalstock every saturday
- May – August** Alpine horn music above Morschach every tuesday
- 13/14 June** Food & Culture event, Morschach
- 14 June** Stoos-Schwiring
- 21 June** Open air yodelling fair Fronalstock
- 27/28 June** Migros Hiking Sounds, Stoos
- 4 July** Stoos-Trail
- 31 July / 1 August** National holiday in the region Stoos-Muotatal
- August – September** Sunrise trips to Fronalstock every friday
- 14 August** Country Rock open air festival, Ried – Muotathal
- 15/16 August** Natural products market, Stoos
- 29/30 August** Chibli Flea Market, Morschach
- 5 September** Coop Family Hike, Stoos
- 17 October** Fröneli-Fascht festival, Stoos
- October – December** Theater Muotathal
- 24/25 October** Muotthaler Alpchäsmärcht

ALPINE CODE OF CONDUCT

- We stay on marked trails.
- We keep our distance from the cattle. Cow mothers protect their calves.
- We take our rubbish with us.
- We keep dogs on a leash & dispose of their waste.
- We respect the privacy of the farmers and locals.
- We don't camp in nature.

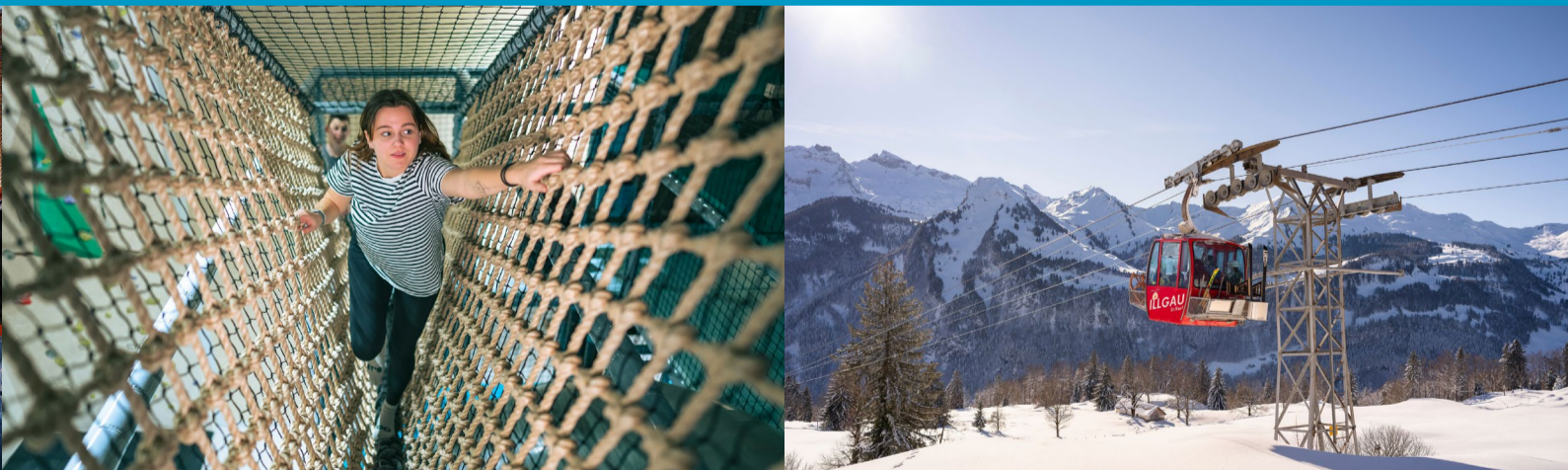
MUOTATHALER WETTERSCHMÖCKER



WETTERSCHMÖCKER
The home-grown Wetterschmöcker, sometimes known as the Muotathaler Wetterfrösche, is a group of hobby meteorologists from the Innerschwyz. Their own observations of nature are certainly an ingredient of their weather forecasts, but the exact recipe is a well-guarded secret. Learn more about weather and forecasting during an entertaining talk from one of these dyed-in-the-wool Schwyz veterans. The Wetterschmöcker meet twice a year to present their forecasts with a wealth of wit and charm.

HISTORY
The association, formally named the Innerschwyz Meteorology Association, was founded in Muotathal in 1947. One of the catalysts leading to the group's formation was the emergence of radio: people feared that if everyone simply tuned into the weather forecast, the art of observing nature closely and predicting the weather would be lost to time.

WET WEATHER TIPS



SPA DAY
Even on a wet day, Stoos-Muotatal is a wonderful area to relax and unwind. Many of the hotels offer thermal spas, saunas, massages, and pools – head on in for a day of pampering. Let the atmosphere soothe your soul while enjoying glorious panoramic views.

HISTORY AND CULTURE
Learn exclusive tidbits about the building of the record-breaking funicular. Explore the history of Stoos mountain village. Delve into the details of local, environmentally friendly energy production in the ebs energy AG hydroelectric power station, or attend a workshop by Bernhard Betschart for an experience of the fascinating art of yodelling.

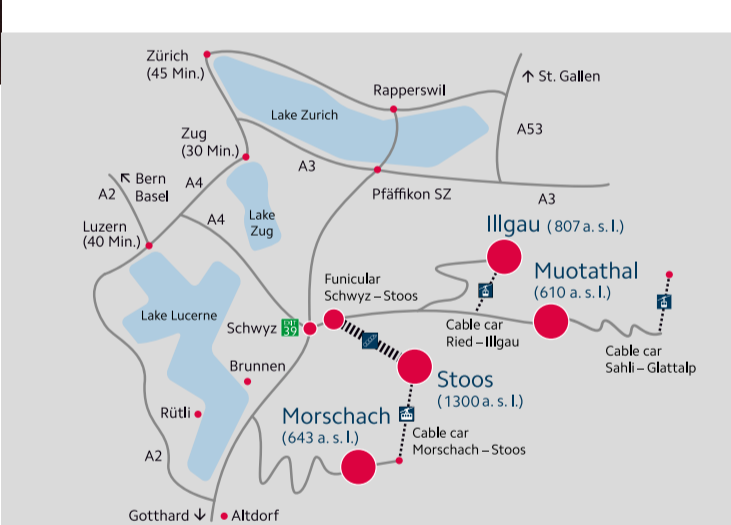
CONFERENCES & SEMINARS
Matti Antoniushaus, Stoos Lodge, Swiss Holiday Park or erlebniswelt muotathal GmbH are all perfect group venues with state-of-the-art facilities and everything you need for a fruitful conference.



Activity and Panoramic map



ENGLISH Summer 2026



STOOS-MUOTATAL TOURISMUS GMBH

- ADDRESS** Grundstrasse 232, 6430 Schwyz
- PHONE** +41 (0)41 818 08 80
- WEBSITE** www.stoos-muotatal.ch
- INFO POINTS** pavillon Morschach, erlebniswelt muotathal GmbH (Husky-Lodge), Valley station funicular Schwyz-Stoos, Mountain station air gondola Morschach-Stoos, Raiffeisenbank Illgau

«For hikers. For sun worshippers. For bon vivants. For an escape from the city. For spa lovers. For cave explorers. For mountain climbers. For adrenalin addicts.»

Discover the Stoos-Muotatal region.

